



# Abortion Pills for Future Use

You can obtain abortion pills when you are not pregnant, just in case you need them in the future. This telehealth service, called **advance provision**, helps people end their pregnancy earlier and on their own terms, often in the comfort and safety of their own home. Having pills on-hand is one way you can take action to protect your rights and bodily autonomy.

What kind of care are you requesting? \*

- ☐ Abortion or Miscarriage (I am pregnant now, I have a positive pregnancy test)
- ☐ Menstrual regulation (I think I might be pregnant, I prefer not to take a test)
- ☐ Abortion medication in advance (I am not pregnant, I want medication for the future)

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Screenshot of online questionnaire from [wetakecareof.us](https://wetakecareof.us)

## INTERESTED IN OBTAINING ABORTION PILLS FOR FUTURE USE?

### HERE'S WHAT YOU SHOULD KNOW:



**Availability:** Telehealth providers are mailing abortion pills to all U.S. states and territories, and many of these providers offer advance provision. Providers prioritize pregnant people who are seeking pills for immediate use, so there may be a delay to receive abortion pills that you are ordering for future use.



**Process:** Ordering pills for future use is similar to the process of ordering pills when you are pregnant. Most providers will have you complete an online form. The form will likely ask if you are pregnant and/or the type of care you need. If they offer advance provision of abortion pills, it should be clearly stated in their form. Each provider will use a slightly different process, but the instructions should always be clear so that you understand the steps.



**What you will receive:** The standard medication abortion regimen includes two FDA-approved medications, mifepristone and misoprostol. This combination of pills is safe, effective, and has the fewest side effects. The pills are sent by mail using discreet packaging and detailed instructions should be provided. Most providers can be recontacted if you become pregnant and decide to take the medication at a later date.



**Cost:** Abortion pills typically cost between \$90 and \$150. Some providers offer discounts, but they ask that you pay what you can to help cover the cost of the medication and shipping.

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## HERE'S WHAT YOU SHOULD KNOW CONTINUED:

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**Shelf life:** Abortion pills last for about two years when stored in their original packaging, in a cool, dry, dark place. Due to heat and humidity, bathroom storage is not recommended. Check expiration dates before use.



**Legal considerations:** Depending on where you live and other factors, accessing abortion pills in advance may come with legal risk. Research shows that hundreds of thousands of people have received and used pills by mail over the past few years with no legal problems, but in rare cases (<1%) people have gotten in legal trouble. **In Montana it is legal to both receive abortion pills by mail and to self manage your own abortion.** If you have more questions about the law where you live, visit [reprolegalhelpline.org](https://reprolegalhelpline.org) or call their helpline 844-868-2812.

## WHERE TO GET PILLS FOR FUTURE USE

These national telehealth services send advance provision abortion pills to Montana and to other states:

- Abuzz Health (\$90-\$150) [abuzzhealth.com](https://abuzzhealth.com)
- Aid Access (\$150) [aidaccess.org](https://aidaccess.org)
- A Safe Choice (\$150) [asafechoicenetwork.com](https://asafechoicenetwork.com)
- The MAP (\$75-\$150) [cambridgereproductivehealth-consultants.org/map](https://cambridgereproductivehealth-consultants.org/map)
- We Take Care of Us (\$5-\$300) [wetakecareof.us](https://wetakecareof.us)
- Women on Web (\$120) [womenonweb.org](https://womenonweb.org)

For an up to date list of options by state, visit Plan C Pills: [plancpills.org/in-advance](https://plancpills.org/in-advance)

**A note from Montanans for Choice:** We believe in empowering our community with knowledge that enables people to make choices that are right for themselves. Medication abortion is safe, effective, and legally available by mail throughout Montana, but political attacks on abortion access continue. Obtaining abortion pills for future use is one way to protect your bodily autonomy. We share this information with conviction and confidence AND we are angry with the politicians who have created an environment in which access to this safe, effective, and essential medication is not assured for every individual – both now and in the future.

**We are fighting for a future where pregnant people can access abortion as soon as possible, as late as needed, with support not restrictions!**

**Sources:** Information for this brief was gathered from Abuzz, Aid Access, Plan C Pills, Repro Legal Helpline, and We Take Care of Us.

